

Buying Good Food is a SNAP!

What is SNAP?

SNAP is the Supplemental Nutrition Assistance Program, designed to help Montanans afford healthy food.
(Formerly the Food Stamp Program)

NEW! Online application and pre-screening tool:

www.app.mt.gov/mtc



How can I participate?

SNAP is available to anyone including single people, families, students, seniors and disabled individuals with limited or fixed income.

Applying is easy!

Apply in person, online, or by mail or fax.

- Apply at any Office of Public Assistance or call to request an application by mail
- Apply online at www.app.mt.gov/mtc
- Mail or fax in your application to the Office of Public Assistance
- Print an application at www.dphhs.mt.gov/publicassistance/hcs250.pdf
- If it is difficult to get to the Office of Public Assistance, call to see if you qualify for a phone interview
- Have another adult apply on your behalf

SNAP Income Guidelines

(Effective Oct. 1, 2011)

1. If you meet the **Gross Guideline** turn in an application to see if you also meet the Net Guideline.
2. When you apply, a case worker will deduct a portion of your living expenses from your income to see if you meet the Net Guideline. **Your Net Income for SNAP cannot be calculated until you submit an application.**

Household Size	Gross Monthly Income*	Net Monthly Income
1	\$1,816	\$908
2	\$2,452	\$1,226
3	\$3,090	\$1,545
Add'l Members	+ \$636	+ \$319

*Households with a previously disqualified member will need to meet a lower Gross Guideline. Call for details.



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To apply, visit or contact any Office of Public Assistance. To find your nearest office or to learn more about SNAP, contact the Montana Food Bank Network at (800) 809-4752 or snap@mfbn.org.



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